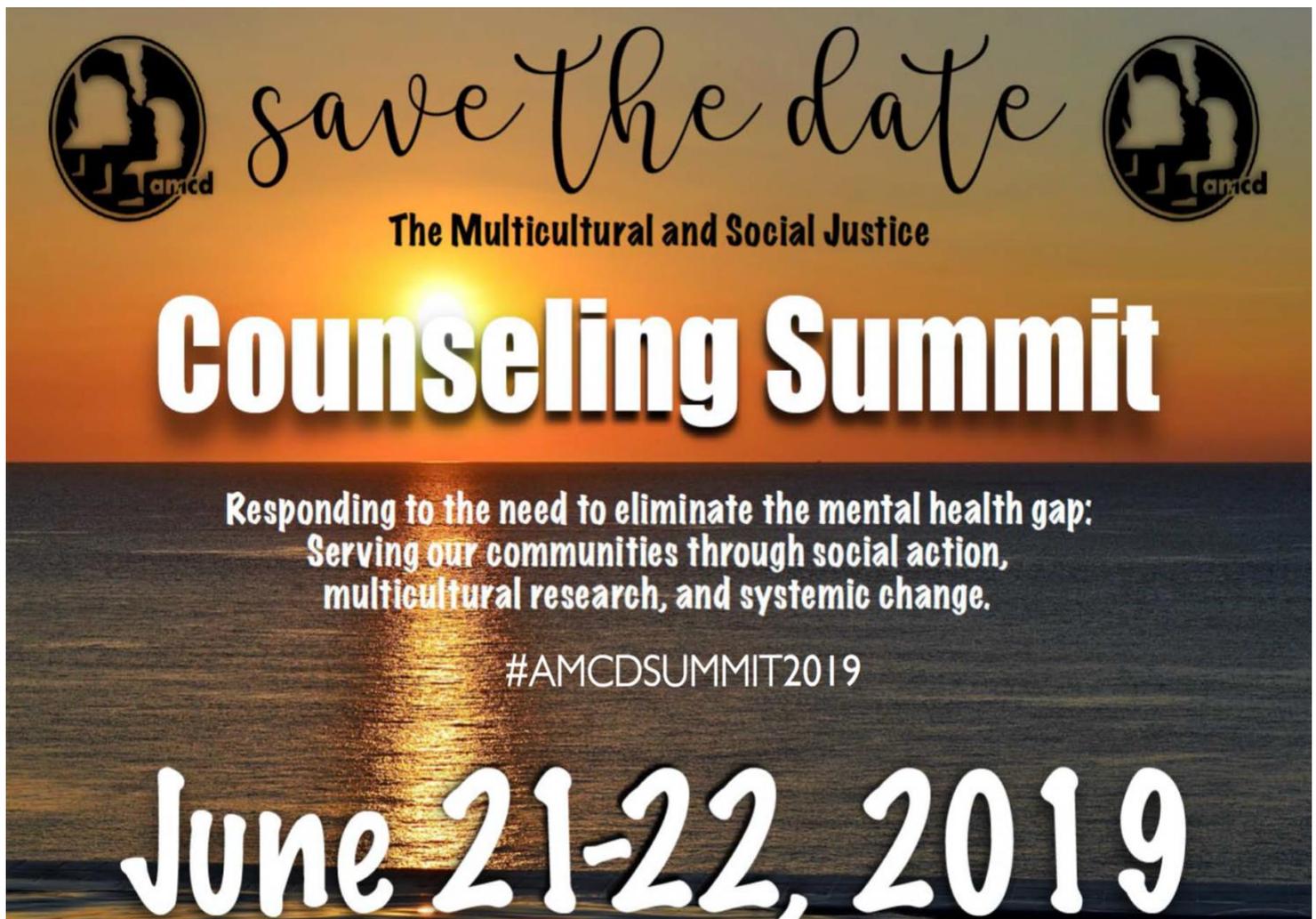


AMCD 2019 SUMMIT PROGRAM SCHEDULE

The Association for Multicultural Counseling and Development (AMCD) Multicultural and Social Justice Counseling Summit schedule is provided below:

- [Friday, June 21st Education Sessions](#)
- [Saturday, June 22nd Education Sessions](#)
- [Saturday, June 22nd Poster Sessions](#)



 save the date 

The Multicultural and Social Justice

Counseling Summit

Responding to the need to eliminate the mental health gap:
Serving our communities through social action,
multicultural research, and systemic change.

#AMCDSUMMIT2019

June 21-22, 2019

This tentative schedule is subject to change.

Friday, June 21st Education Sessions

Time	Education Sessions Up to 6.5 NBCC Continuing Education (CE) Hours Offered	Room
8:30am-9:00am	Opening Session American Counseling Association President, Simone Lambert and Association for Multicultural Counseling and Development President, Shon D. Smith	MIRC GCR
9:00am-10:30am	Multicultural Counseling Competencies Revision Committee Members: Anneliese A. Singh, PhD University of Georgia Sylvia Nassar, PhD North Carolina State University S. Kent Butler, PhD University of Central Florida Rafe McCullough, PhD Lewis & Clark College	MIRC GCR
10:45am-12:00pm	Plenary Session: Fernando I. Rivera, PhD Associate Professor of Sociology, Interim Assistant Vice-Provost for Faculty Excellence, and Director of the Puerto Rico Research Hub at the University of Central Florida	MIRC GCR
12:00pm-1:30pm	On-site Networking Lunch	
1:30pm-2:45pm	Plenary Session: Benjamin Cook, PhD Director of the Health Equity Research Lab, Director of Research in the Department of Psychiatry at Cambridge Health Alliance, and Assistant Professor in the Department of Psychiatry at the Harvard Medical School	MIRC GCR
3:00pm-4:00pm	Disarming Microaggressions: Microinterventions Strategies for Targets, Allies and Bystanders Derald Wing Sue, PhD Columbia University Given the immense harm inflicted on individuals and groups of color via prejudice and discrimination, it becomes imperative for our nation to begin the process of dismantling and disarming the constant onslaught of microaggressions. We provide research that: (a) emphasize the harmful impact of microaggressions, (b) suggest intervention strategies that can be used by targets, White allies and bystanders to disrupt racism, (c) examine the need to immunize and arm people of color and White allies in the resistance they are likely to encounter when exercising anti-racist actions, and (d) relate these interventions to the goals of social justice.	MIRC GCR

	<p>Going beyond the stereotypes: A Call for Anti-Oppressive Research of Minoritized Groups in Counseling S. Anandavalli, MS The University of North Carolina at Greensboro Cirecie West-Olatunji, PhD Xavier University of Louisiana</p> <p>Research can be a tool to highlight misinformation and harmful stereotypes. Unfortunately, it can also be used to perpetuate inaccurate narratives. When adhering to dominant ideologies about socially marginalized groups, clinical researchers have consistently provided inaccurate presentations of people from cultural, ethnic, and religious groups, among other minoritized communities. Anti-oppressive aims to dismantle hegemonic conceptualizations of minoritized groups and use research as a tool for liberatory clinical practice. Attendees will gain concrete strategies on how to engage in anti-oppressive research in various stages of inquiry-from research design to interpretation of findings, along with bibliography on anti-oppressive research practices.</p>	TA 117
	<p>Counselors’ Role when Working with Individuals Living in Poverty Sarah Kitchens, PhD Liberty University Lacey Ricks, PhD Liberty University TeShaunda Hannor-Walker, PhD Liberty University</p> <p>This presentation focuses on steps counselors can take to become social advocates while implementing community-centered activities to increase positive relationships and engagement with low-income individuals.</p>	TA 130
	<p>ACA Division Sponsored Session: Association for Spiritual, Ethical, and Religious Values in Counseling (ASERVIC)</p>	TA 302
4:15pm-5:45pm	<p>Counseling and Social Justice Responses to an Emerging Pattern of Genocide in the U.S. LaVerne Collins, PhD National Board for Certified Counselors Foundation</p> <p>This workshop considers the intersection of multicultural/social justice counseling and advocacy when working with marginalized clients in today’s highly-charged, controversial socio-political climate. At a time when America is experiencing an emerging and often “politically acceptable” pattern of genocide against minority groups, a fit response is needed for clinical care, social action, multicultural research, and systemic change. This workshop introduces a model for recognizing social justice needs and barriers for those at risk for hate crimes, injustice, police brutality, and acts of domestic terrorism.</p>	TA 117

	Practitioners will see the need for a different type of counseling for a time such as this.	
	<p>Counselors Developing a Social Justice Identity: An Ethical and Moral Imperative Mercedes Machado, MEd, EdS University of Florida Christina McGrath, MA University of Florida</p> <p>In order to better serve all clients, including those who have been historically marginalized and under-supported, counselors must be committed to social justice work. Edwards (2006) developed an ally development model that identified three stages of development. This model can be used by counselors as a guide for their own development as social justice advocates. This presentation will explore advocacy and social justice work as necessary for counselors to better serve their clients in our current socio-political climate.</p>	TA 130
4:15pm-5:15pm	<p>Incorporating the Multicultural Social Justice Counseling Competencies into Research: A Discussion About the Methods of a Phenomenological Study Marion Toscano, PhD Mount Mary University Jessica Haas, PhD Nova Southeastern University Hope Schuermann, PhD University of Florida</p> <p>The purpose of this presentation is to discuss the process of creating a study design utilizing the Multicultural Social Justice Counseling Competencies to meet the specific needs of a multi-diverse group of participants and researchers, surrounding hot-button topics such as, but not limited to: racial relations, police response, and community restoration following the shooting death of Michael Brown, an unarmed Black youth, in Ferguson, Missouri.</p>	MIRC GCR
	<p>Sifting through Discrimination and Stress: Exploring Brain-Based Approaches to Serve Marginalized Adolescents and Young Adults Caitlyn Bennett, PhD University of North Texas Michelle Mitchell, PhD Wake Forest University</p> <p>Stress is a common experience for marginalized populations, including adolescents and young adults. Both discrimination and stress have neurobiological implications, creating additional barriers to emotional, interpersonal, intrapersonal, and academic success. Discrimination often results in heightened levels of stress, also leading to symptoms of depression, post-traumatic stress disorder, anxiety disorders, and other adverse mental and physical health outcomes. This session focuses on information, techniques, and tools to understand the role of the brain for marginalized adolescents and young adults experiencing discrimination and stress.</p>	TA 102

	<p>Building Queer Alliances: Promoting Social Supports and Mastery among Racial and Ethnically Diverse LGBTQ Young Adults Alicia Quayson, MA The George Washington University</p> <p>This program will focus on findings from a study that explores identity factors of race, ethnicity, gender, and sexual orientation in the social supports of LGBTQ young adults ages 18-30 and forms of support that are most helpful in promoting mastery. Attendees will increase their knowledge of the relationship between diverse social supports and mastery for diverse LGBTQ young adults, in addition to counseling strategies to help facilitate both social support and mastery for this population.</p>	TA 201
	<p>Incarceration and Mental Health: The Importance of Counselor Advocacy and Social Change Alexander Hilert, MEd The College of William and Mary Camila Tirado Virginia Commonwealth University</p> <p>This program will educate participants on current social justice issues affecting incarcerated populations. We will share relevant research findings regarding racial disparities in the criminal justice system, the rising rate of individuals incarcerated with mental health problems, as well as the devastating impacts incarceration may impose on people's mental health. Then, we will investigate current trends in counseling incarcerated populations with a critical focus and discuss promising new approaches. Lastly, we will speak to the need for counselors to engage in advocacy efforts which promote systemic change, and the role research can play in transforming the criminal justice system.</p>	TA 302

Saturday, June 22nd Education Sessions

Time	Education Sessions Up to 6.5 NBCC Continuing Education (CE) Hours Offered	Room
8:00am-9:30am	<p>"Ain't I A Woman?" A Postmodern Discussion Examining Intersectionality Among Black Women Educators Janelle Bettis, EdD Bowie State University A'tasha Christian, EdD AMC Consulting LLC Sadiqa Long, EdD University of District Columbia</p> <p>Black women are enrolled in college and obtain higher education degrees at a rate that surpasses all other demographics. This session addresses the importance of understanding the intersectionality of Black American women in higher education. The presenters will discuss ways to recognize intersectionality, while sharing the lived experiences of three Black women.</p>	TA 117

	<p>The Cultural Implications of Transgenerational Trauma: The Misdiagnosis of African American Youth LaConda Fanning, PsyD Christian Psychotherapy Services/Psychological Services of Virginia</p> <p>Just over a quarter of children in the United States will witness or experience a traumatic event during early childhood. The consequences of this developmental trauma often go unrecognized or misdiagnosed, especially for African American children and other children of color. This workshop will highlight the importance of distinguishing developmental trauma from other psychopathology for African American children.</p>	TA 130
8:00am-9:00am	<p>ACA Division Sponsored Session: Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling (ALGBTIC)</p>	MIRC GCR
	<p>Development of Multicultural Competency in Graduate-level Counseling Students via Cultural Immersion Danielle Geigle, PhD Springfield College</p> <p>Despite advancements, the lack of multicultural competence among today's counseling professionals remains of grave concern. Findings of a recent qualitative research study will be presented to assist counselor educators, students, and professionals in understanding how participating in cultural immersion experience, such as study abroad, may significantly influence the development of multicultural competency in graduate-level counseling students. A discussion will follow regarding how to best implement such findings into current counselor training and practice.</p>	TA 102
	<p>Family Systems Approach in the Career Counseling with Asian Americans Monica Paige Band, EdD Marymount University Christian D. Chan, PhD Idaho State University</p> <p>The primary purpose of this presentation is to examine present treatment and current issues related to using a Family Systems approach and intersectionality framework to provide career counseling to Asian Americans. Cultural considerations related to Asian Americans and their career identity will also be addressed.</p>	TA 201
	<p>Cultural and Social Capital as Protective Factors of Refugee Mental Health: A Community-Based Ethnographic Study Elvita Kondili, PhD University of Detroit Mercy Claudia Interiano-Shiverdecker, PhD University of Texas at San Antonio Liliana Ismail, BS University of Detroit Mercy</p>	TA 301

	<p>This presentation will discuss the findings of a community-based ethnographic study exploring how access to cultural resources and social networks impacts refugees' mental health during resettlement in the U.S. Findings are based on interviews, group discussions, observations and written materials collected from refugees and staff members of agencies who work with them during intensive fieldwork in communities around Detroit, MI and San Antonio, TX. Additionally, an overview of refugee resettlement globally and in the United States will be provided. The presenters hope this session will promote attendees' competency in multicultural counseling and social justice advocacy for systemic and community change to better serve the mental health needs of refugees.</p>	
	<p>Social Justice and Advocacy Collaboration: Creating a Multidisciplinary Team to Address the Needs of Vulnerable Adults Chiquita Holmes, MS Mississippi State University</p> <p>Adults that struggle with mental illness are among the most misunderstood and unprotected individuals in our communities. This session outlines key strategies for engaging individuals of varied professional disciplines to create a collaborative Multidisciplinary Team (MDT) to address the disparities and disenfranchisement often experienced by adults that struggle with mental illness. Participants will explore leadership and advocacy competencies while learning strategies to build a lasting cohesive team of allies that work together to decrease marginalization and spur systemic change within their communities.</p>	TA 302
9:15am-10:45am	<p>Intersecting Vulnerabilities: The Development of a Multi-Pronged Research Agenda Examining Health Disparities Among Diverse Communities of Emerging Adult Women of Color Delisha Pittman, PhD The George Washington University Cassandra Rush, MA The George Washington University Alicia Quayson, MA The George Washington University Melanie Minges, MA The George Washington University</p> <p>This symposium will present 3 unique studies developed within a unique minority health disparities focused research agenda of a tenure track professor. This symposium aims to highlight the breadth of research ideas and methodology within the research agenda as a model for diversify scholarship pathways for other early career faculty and identifying meaningful research training opportunities for counselor education and supervision doctoral students in ways that can support their scholarly development for careers in the academy.</p>	MIRC GCR

<p>9:15am-10:15am</p>	<p>Barriers of Poverty: Socio-Economic Influences in the Delivery of Disaster Mental Health Services Stephanie Scott, PhD Walden University Linda Foster, PhD Walden University Taylor Stratton Walden University</p> <p>Poverty is a widespread problem in the United States, adversely affecting individuals' access to opportunity, safety, health, education, and services. Further, there is a stigma attached to living in poverty which can distort the perceptions of those working with individuals in poverty. In this presentation, we will examine the barriers on both sides of poverty and discuss ways to alleviate some of the associated challenges. Using disaster mental health case studies, we will identify ways to improve service access and delivery.</p>	<p>TA 102</p>
	<p>The Intersection of Culture and Play: Providing Culturally Sensitive Play Therapy Sunny Teeling, MA University of North Texas</p> <p>This program will explore the utilization of play therapy to address mental health concerns in minority children. The presenter will discuss the importance of play therapy as a developmentally appropriate intervention and how to address some of the cultural limitations imposed by current models. The presenter will also discuss how to integrate cultural sensitivity into work with parents, caregivers, teachers and others who may be a part of the child's system of care.</p>	<p>TA 201</p>
	<p>Responding to the Unique Needs of International Students in Counselor Education & Supervision Programs Teresa Fisher, PhD Northern Illinois University Mastewal Seyeneh, PhD Southeastern Oklahoma State University Amanuel Haile Asfaw, PhD Austin Peay State University</p> <p>This research presentation is designed to raise awareness regarding the unique challenges (psychological, personal, academic and social) encountered by international counselor education and supervision students. Based on qualitative studies, the students' lived experiences help identify innovative approaches for enhancing the strengths of international students as well as curriculum practices that improve their growth and development. Furthermore, these results will help increase the skill set of counselor educators and counselors-in-training who interact with international students in the classroom and as potential clients.</p>	<p>TA 301</p>

	<p>Voices Out of the Wilderness: Counselors Perspectives and Experiences Regarding the Education of Black Boys with Mental Health Disabilities Christopher Townsend, PhD Texas Tech University</p> <p>This session will reveal the results of a grounded theory study regarding the effectiveness of school counselors' work with African American boys who are overrepresented in special education services. Themes will show systemic concerns within schools and provide a conceptual model for correcting the concerns. The dangers of "selective advocacy" will be addressed in the context of ensuring equitable education for all students. Selective advocacy was defined as only addressing "safe" student problems that did not go against system practices or attitudes towards African American boys with disabilities.</p>	TA 302
9:45am-10:45am	<p>The Critical Link: The Professional Counselor's Role in the HIV Care Continuum J. Richelle Joe, PhD University of Central Florida Amber R. Norman, MA University of Central Florida</p> <p>For people living with HIV, viral suppression means a stronger immune system and a decreased likelihood of transmitting HIV to others. Due to the psycho-social effects of HIV, mental health is a critical aspect of HIV treatment along the HIV care continuum leading to viral suppression. Professional counselors possess the necessary skills to address depression, anxiety, and substance abuse, conditions that often co-occur with HIV and affect individuals' engagement in care and adherence to HIV treatment.</p>	TA 117
	<p>Bridging the Gap: Law Enforcement Officers and Mental Health in the Communities they Serve Marissa Arrigoni, BA Antioch University New England Chloe Adams, BA Palo Alto University Angelina Iannazzi, BA Harvard University Summer Allen, PhD Antioch University New England</p> <p>Police officers killed nearly 10,000 people between 2012 and 2018 (Edwards, Esposito, & Lee, 2018). Individuals with mental health issues are 16 times more likely to die during a police encounter (National Council for Behavioral Health, 2018). We hold a moral and ethical responsibility to work towards ending violent encounters between police and citizens. This program will identify methods implemented by law enforcement agencies to work with individuals with mental health concerns, assess efficacy, and identify barriers to implementation. This program will provide strategies and propose actions that counselors and mental health professionals can use in conjunction with law enforcement.</p>	TA 130

11:15am-12:30pm	<p align="center">Plenary Session: Wizdom Powell, PhD</p> <p>Director of the Health Disparities Institute and Associate Professor of Psychiatry at University of Connecticut Health</p>	MIRC GCR
12:30pm-2:00pm	<p align="center">Off-site Lunch</p>	
2:00pm-3:15pm	<p align="center">Plenary Session: Margarita Alegría, PhD</p> <p>Chief of the Disparities Research Unit at the Massachusetts General Hospital and Professor in the Departments of Medicine and Psychiatry at Harvard Medical School</p>	MIRC GCR
3:30pm-5:00pm	<p align="center">ACA Division Sponsored Session: International Association of Addictions and Offender Counselors (IAAOC)</p>	MIRC GCR
	<p>Let's Talk About it: Courageous Conversations in Counselor Education Nivischi Edwards, PhD Liberty University Robyn Simmons, EdD Liberty University Arleezah Marrah, PhD Liberty University Brandi Chamberlin, MA Liberty University</p> <p>This presentation is focused on training beyond topics of diversity; this presentation is focused on how to engage ethically and professionally in the conversations that have historically been approached as taboo. The panel of presenters will talk about culturally respectful ways to break down walls that stand between authentic and courageous conversations. Further, the presenters will share skills and techniques that focus on recognizing and unpacking microaggressions so that full healing can happen.</p>	TA 117
	<p>Collectivist Considerations for Clients, Students and Supervisees: How to Infuse a Systems Approach to Supervision into Practice Olivia Ngadjui, MA Idaho State University Camille D. Frank, MA Idaho State University</p> <p>The presenters assert that the inclusion of collectivist cultural considerations would alleviate resistance and distress as well as foster positive therapeutic alliances when working with clients of the collectivist background. There is a need for awareness regarding the collectivist population due to there being prevalence within the United States. Inclusive approaches to counseling are needed to counter the historically individualistic perspective of counseling (Ivey, 1993; McCarthy, 2005). Systems based approaches to supervision parallel collectivistic dynamics to best serve these supervisees and their future clients.</p>	TA 130

<p>4:00pm- 5:00pm</p>	<p>“Fresh off the Boat”: The Influence of Internalized Stereotypes and Intraethnic-othering on Asian American Adult Identity Development and Wellness Monica Paige Band, EdD Marymount University</p> <p>A number of stereotypes associated with Asian Americans exist, most notably the “model minority” stereotype. Studies suggest that internalization of the model minority stereotype may contribute to negative psychological outcomes and impact the process of ethnic identity development among Asian Americans. The effects of internalized stereotypes in addition to parental expectations and perceived family pressure impacts Asian Americans self-efficacy, help seeking behaviors, and occupational interests. This engaging presentation addresses the influence of internalized stereotypes and intraethnic othering with young adult Asian American persons to co-construct multicultural considerations and counseling treatment with this underrepresented population.</p>	<p>TA 102</p>
	<p>Shifting Identities: How Black Transgender Men Navigate Systems of Oppression Mickey E. White, MS University of North Texas Hailey Morris, BA University of North Texas</p> <p>Today’s sociopolitical climate creates distinct challenges for transgender people of Color (TPOC) who exist at the intersection of oppressed racial and gender identities. At one intersection, Black transgender women have gained greater visibility through activism and unprecedented violence. However, at the opposite intersection there is a dearth of understanding as to how Black transgender men navigate systems of racism, sexism, and transphobia during their gender transition. This program will address the presenters’ research with how Black transgender men navigate shifting societal perceptions of gender as well as counseling considerations with this population.</p>	<p>TA 201</p>
	<p>Race-Based Trauma and Cyberbullying: An Exploratory Study Amanda M. Evans, PhD James Madison University Darius Green, MEd James Madison University Dwayne White, MEd Auburn University Shanel Robinson, MEd Auburn University Brittany Williams, MS James Madison University</p> <p>Race-Based Trauma (RBT) is a pervasive issue in the United States and can impact the experiences of racially diverse clients. The counseling profession calls counselors to demonstrate multicultural competence in their practice. To do this, counselors must first be exposed to the worldview of their clients and diverse populations in the United States. In our current era,</p>	<p>TA 301</p>

	<p>technology use continues to increase and is frequently used for communication purposes. This presentation will provide the results from our quantitative research study that examined the ways in which People of Color have experienced race-based trauma via technology and through cyberbullying. The results from this study can be used to inform counseling practice and counselor training.</p>	
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Saturday, June 22nd Poster Sessions

Time	Poster Sessions No Continuing Education (CE) Hours Offered	Poster
9:00am-9:30am	<p>Building Resilience in School-Aged Children Facing Trauma Through Mindfulness and Yoga Michele Pinellas, MEd Argosy University Tampa</p> <p>The presenter will discuss research relevant to the impact of trauma and the utility of mindfulness with school-aged children. Further she will share the research that has been conducted on these issues and offer an improved method for building resilience in school-aged children who have experienced traumatic events. Participants will then experience and be given pertinent information related to how to include yoga with mindfulness with children in practice to build resilience.</p>	Poster 1
	<p>Military Sexual Trauma: A Counselors Guide to Improving Client-Centered Care for Veterans Utilizing Biopsychosocial and Socioecological Frameworks Laura Boddicker, MA University of Iowa</p> <p>Bronfenbrenner’s ecological theory (1977) presents a multi-systemic framework to understand human development, which suggests the environment is made from multiple systemic and sub-systemic interactions with an individual. The complexity of this theory allows for further examination into the person-environment of a military sexual trauma (MST) survivor by taking aspects of sociocultural and sociopolitical environment. It provides a lens for counselors to assess and intervene beyond the intrapersonal and interpersonal domains by addressing larger systems level factors that affect the well-being of an MST survivor through a biopsychosocial and socioecological perspective.</p>	Poster 2

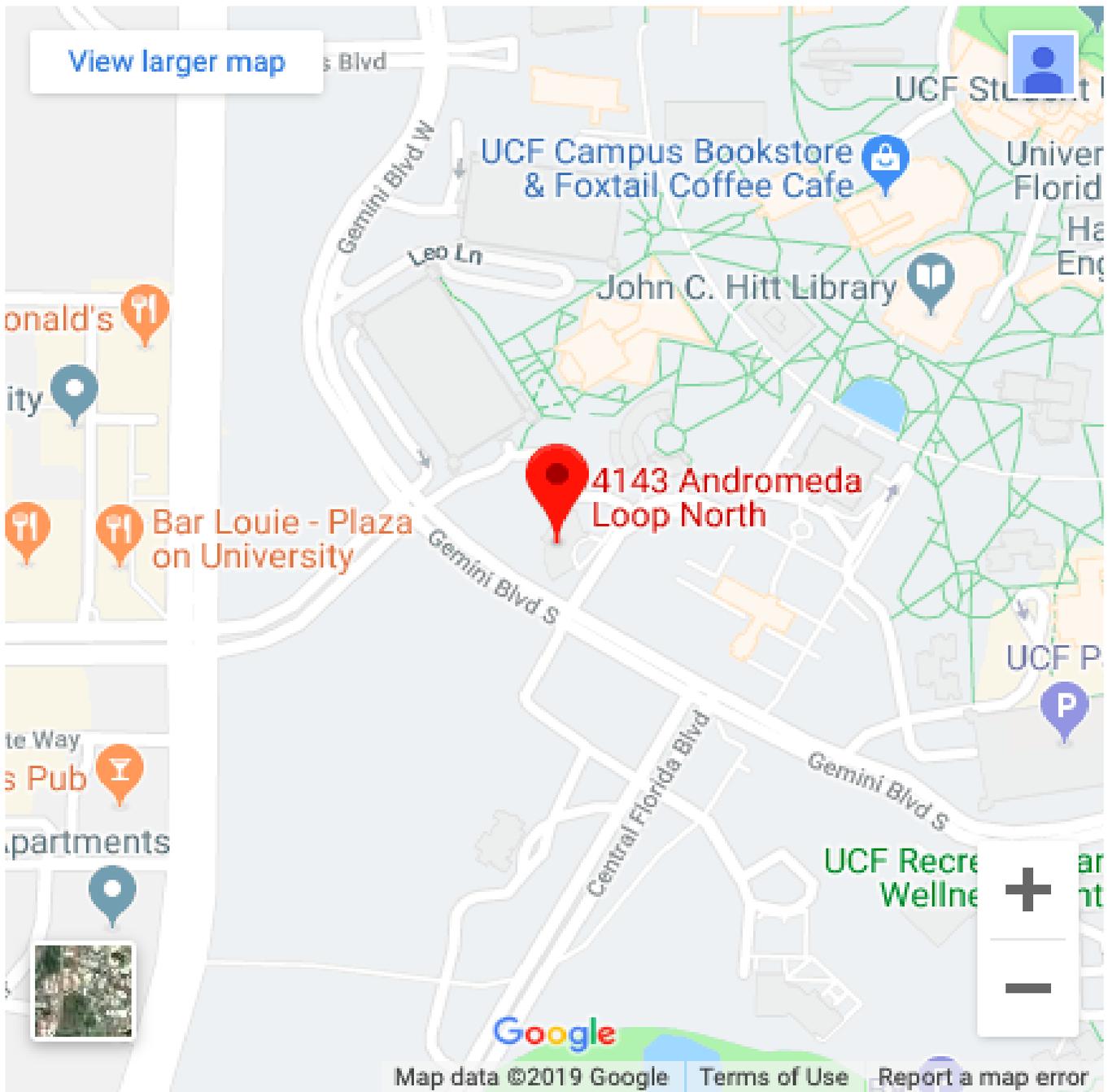
	<p>How Ideologies of Hypermasculinity In the Black Community Have Endorsed Internalized Oppression of Gay Black Men Takiya Caradine, BA Governors State University</p> <p>This program will describe how ideologies of hypermasculinity in the Black community perpetuate internalized oppression of gay Black men within the community. This program will describe how Black men are culturally expected to maintain a level of masculinity and how that expectation can hinder their perception of being a gay Black male. There is a subsystem within a system and in order to work with gay Black males, there is a need to understand social context of hypermasculinity or “cool pose” within the community. Understanding that those social contexts will impact your client will help with your therapeutic process.</p>	Poster 3
	<p>Societal Factors Contributing to Disparities in Utilization of Counseling Services Sojeong Nam, MEd The University of Iowa</p> <p>This program aims to address societal factors that contribute to maintaining disparities in utilization of counseling services to propose implications for further research and practices to resolve the disparities. Based on a literature review, this program will identify: (a) particular populations that consistently underutilize counseling services and/or are underserved in the field of mental health or counseling and (b) societal factors that have contributed to those populations’ underutilization of counseling services, thus maintaining the disparities.</p>	Poster 4
10:15am-10:45am	<p>Latinx Mental Health Needs Assessment Camila Pulgar, MS CareNet Counseling</p> <p>The presenter will discuss research relevant to the impact of trauma and the utility of mindfulness with school-aged children. Further she will share the research that has been conducted on these issues and offer an improved method for building resilience in school-aged children who have experienced traumatic events. Participants will then experience and be given pertinent information related to how to include yoga with mindfulness with children in practice to build resilience.</p>	Poster 1

	<p>Sexually Exploited Women: The Effects of Religious/Spiritual Coping on Mental Health Outcomes Maria Salazar-Istre, MS Georgia State University Laura Shannonhouse, PhD Georgia State University</p> <p>Victims of sex trafficking endure complex trauma and present with a host of psychological symptoms that require a comprehensive treatment approach. Counselors' lack of preparation in complex trauma is exacerbated by limited knowledge regarding coping methods that promote or prevent a successful exit from the sex trafficking industry. Positive religious coping has been found to buffer or moderate the deleterious effects of trauma on survivor outcomes; however, has not been evaluated in this context. This presentation will present the exploratory findings of the moderating effect of religious/spiritual coping on psychological outcomes among sexually exploited women.</p>	Poster 2
	<p>Doing Well vs. Feeling Well: Midlife Generativity in Asian American Parents Daisy Zhou, BS Stetson University Page Thanaisu, PhD Stetson University</p> <p>The counseling field places multicultural competencies at the forefront and professionals aim to provide culturally responsive services. Despite programs for immigrant youths, their parents are underserved and under-researched. This session focuses on Asian American parents, discussing counseling implications for helping them explore personal growth after migration, develop self-care and coping skills, build up bicultural competency and resilience, increase self-awareness, and achieve generativity in midlife.</p>	Poster 3
	<p>Counseling Clients with Multiple Oppressed Identities: Multicultural and Social Justice Counseling Considerations Jeongwoon Jeong, MS The University of Iowa</p> <p>Individuals with multiple oppressed identities tend to experience more disadvantages such as prejudice and discrimination than those with single oppressed identity (Purdie-Vaughns, & Eibach, 2008). Historically, there has been a gap in the literature on a holistic, social justice-oriented framework to address the unique needs of this population. However, the recently adopted Multicultural and Social Justice Counseling Competencies (MSJCC, Ratts et al., 2016) can fill the gap and can potentially provide counselors with a guidance on how to utilize various multicultural and social justice counseling interventions and approaches. Utilizing this framework can help counselors</p>	Poster 4

	<p>consider the unique issues of individuals with multiple oppressed identities, provide better support for the individuals, and thereby reduce disparities in mental health outcomes.</p>	
	<p>Improving On-Campus Housing Environments for Transgender Students of Color Through Social Action and Research Myranda Warfield, MEd University of Florida Brianna Kane, MS University of Florida</p> <p>This presentation focuses on the current literature and research on the mental health of transgender students and students of color, specifically how on-campus student housing policies and campus environments impact their wellness. Attendees will be able to learn more about the additional microaggressions experienced when being part of multiple marginalized identities and how they may support transgender students of color to enact social action and systemic change within on-campus college housing.</p>	Poster 5
3:30pm-4:00pm	<p>#Relatable: Exploring the Use of Memes to Foster Cohesion in Groups with Minority Adolescents Ashlei Rabess, MA Georgia State University Michele Pinellas, MEd Argosy University Tampa</p> <p>Internet memes can be minimized to mindless entertainment, but in reality, they are a form of cultural transmission amongst a generation who has come of age with the internet at their fingertips. Memes are the ultimate 'inside joke' for users who share them, fostering a sense of relatability and connection. Because groups are an intrinsic part of adolescents' lives and memes have changed the ways in which they relate to and communicate with each other, there exists great potential for the use of memes in group work to facilitate group cohesion and increase healthy emotion expression. This presentation explores the use of memes to build group cohesion.</p>	Poster 1
	<p>Terapia Filial: The Relationship Between Filial Therapy and Hispanic/Latinx Clients Chanel Shahnam, MS University of North Carolina at Greensboro Ashley Devon Smith, MS, EdS University of North Carolina at Greensboro</p> <p>This program describes previous literature on filial therapy and filial therapy with Hispanic/Latinx clients in the United States. The presenters will: (a) identify the theories, research, ethical, and multicultural considerations underlying filial therapy, (b) demonstrate understanding of the impact of Filial Therapy on</p>	Poster 2

	relationships within Hispanic families, and (c) express need for areas of further research on the potential positives and negatives of filial therapy with Hispanic/Latinx families.	
	<p>Reducing Mental Health Gaps Among First Generation College Students Nayoung Kim, MA University of Central Florida Dalena Dillman Taylor, PhD University of Central Florida</p> <p>This presentation provides information regarding first generation college students' (FGCS) help-seeking attitudes. Structural Equation Modeling will be used to examine the relationship of help-seeking attitudes, stigma, social support, and perceived discrimination among first generation college students. This presentation will inform college counselors and school counselors about the factors affecting help-seeking attitudes of first generation college students and help them to promote FGCSs' health seeking attitudes. The application of the knowledge will eventually lead to better mental health of FGCS and reduced attrition rate.</p>	Poster 3
	<p>When Confucius Meets Carl Rogers: Eastern Spirituality and Western Therapy Lisa Rickman, BS Stetson University Daisy Zhou, BS Stetson University</p> <p>The counseling field places multicultural competencies at the forefront and professionals aim to provide culturally responsive services. Counselors are also expected to be able to address spiritual and religious issues in counseling. Most educational programs and training materials about counseling Asian Americans cover cultural values, behavioral characteristics, and expectations about therapy. Yet, spirituality or religion are not included. This program aims to introduce East Asian spiritual systems and philosophies, to navigate the impact on individuals' behavioral patterns and family dynamics, and to discuss implications for integrating Eastern spiritual systems into western counseling theoretical approaches.</p>	Poster 4

The Summit Planning Committee welcomes presenters and attendees to the University of Central Florida (UCF) campus for the AMCD 2019 Summit. All event activities will take place at the UCF College of Community Innovation and Education Morgridge International Reading Center (MIRC) and Teaching Academy (TA).



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